**CAPITAL FOOTBALL**

**JV CONTACT CAMP**

A contact camp designed to instruct Capital Football players in proper technique, implement base offensive and defensive packages, build a foundation for our summer program, prepare for the fall season, compete against other programs, and have fun. All incoming sophomore and junior athletes planning on playing football in the fall should attend.

 **CAMP INFORMATION:**

 **DATES: JUNE 3rd -6TH**

 **LOCATION & TIMES: Monday & Tuesday @ CHS 10:15 - 11:30**

 **Wed. & Thurs. Scrimmages @ Rocky 5:30 - 7:30**

 **CAMP FEE: $90.00** (Fee will be credited towards Southern Oregon Camp if invited)

 Please make checks payable to **Capital Football**

 **REGISTRATION: Please return form to Coach Simis or mail to:**

 **Please pre-register** Capital High Football

 8055 Goddard Rd

 Boise, Idaho 83704

 **EQUIPMENT: Gear will be provided excluding cleats**

Gear checkout will be during 1st week of summer workouts (May 28-30) or Monday, June 6th @ 9:45AM

 **TRAINER: A certified ATC will be on duty at all times**

 **CAMP GIFT: All participants will receive a t-shirt**

*Camp Contact: Todd Simis Phone 571-0788 or Email:* *todd.simis@boiseschools.org*

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 **NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PHONE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ZIP:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **EMAIL: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ GRADE 2018/19: \_\_\_\_\_\_\_**

*I understand that the game of football is a contact sport and injuries may occur. Therefore,*

 *I hereby authorize the camp staff and athletic training team to act for my son in case of injury*

 *or emergency. The Capital Football Camp is fully insured through Chow Insurance in Boise.*

 **PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**