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Capital Athletes and Parents,

We wanted to give you an update on where we are in regards to athletics. The Boise School District and the CDH are monitoring the numbers, and they are trending in the right direction. Once the CDH moves Ada County into the yellow, we will be cleared to start practices and tryouts. The CDH meets again on Monday, and we are hopeful this will lead to practices and tryouts beginning on Tuesday. However, if the CDH keeps us in the red, we will continue the 10 person per facility workouts we have been doing.

Please be prepared for tryouts and practices to begin on Tuesday. Athletes will not be able to practice or tryout unless they have their physical and paperwork turned in. Be on the lookout for information from your coaches, and a return to activities protocol coming soon. If we are able to practice, we will need to practice M-Sat and M-Fri of the next week to get in the required ten practices before we can play. This means we will need to practice on Labor Day.

On a separate note, our schedules are changing daily, and once we are officially going, we will have them finalized and we will get them out to you. They are updated on the athletics webpage capitaleagles.bigteams.com.

If there are any questions, please feel free to contact Athletic Director Jeremy Munroe at 208-854-4490.

Thank you and Go Eagles

Capital High School

