

# Capital Football

# July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				OFF 1	2	3
4	OFF 5	OFF 6	7 Summer Workout & Practice #14 8:00-10:00 AM	8 Summer Workout & Practice #15 8:00-10:00 AM <b>7on7 w/Timberline??</b>	9	10
11 Summer Workout & Practice #16 8:00-10:00 AM	12 Summer Workout & Practice #17 8:00-10:00 AM	13 Summer Workout & Practice #17 8:00-10:00 AM <b>7on7 @ Mtn. View 9:15</b>	14 Summer Workout & Practice #18 8:00-10:00 AM	15 Summer Workout & Practice #19 8:00-10:00 AM <b>7on7 @ Eagle 9:15AM</b>	16 <b>Southern Idaho Passing Tourney</b> TBA @ Optimist Fields	17 <b>Passing Tourney &amp; Linemen Challenge</b> @ Optimist Fields
18 Summer Workout & Practice #20 8:00-10:00 AM	19 Summer Workout & Practice #21 8:00-10:00 AM	20 Summer Workout & Practice #21 8:00-10:00 AM	21 Summer Workout & Practice #22 8:00-10:00 AM	22 Summer Workout & Practice #23 8:00-10:00 AM	23	24
25 Summer Workout & Practice #24 8:00-10:00 AM	26 Summer Workout & Practice #25 8:00-10:00 AM	27 Summer Workout & Practice #25 8:00-10:00 AM	28 Summer Workout & Practice #26 8:00-10:00 AM	29 Summer Workout & Practice #27 8:00-10:00 AM	30 OFF	31
DEAD WEEK	1 DEAD WEEK	2 DEAD WEEK	3 DEAD WEEK	4 DEAD WEEK	5 DEAD WEEK	

## EVENTS

### Passing Tourney & Lineman Challenge

This is one of the biggest weekends of the summer. We will enter Varsity & J.V. squads in the competitions at the Optimist Fields.

### August

We will get a full August calendar this summer. Football officially starts on Monday, August 9<sup>th</sup>. Once it starts, we are all in and very busy. Please prepare for that. Thank you