

Capital Football

May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4 Speed School 6:00-7:15	5	6 Speed School 6:00-7:15	7	8
9	10	11 Speed School 6:00-7:15	12	13 Speed School 6:00-7:15	14	15
16	17	18 Speed School 6:00-7:15	19	20 Speed School 6:00-7:15	21	22
23	24 Spring Ball 9 th -12 th 3:30-5:15 Non-Padded	25 Graduation Spring Ball 9 th -12 th 3:00-4:45 Non-Padded	26 Spring Ball 9 th -12 th 3:30-5:15 Non-Padded	27 Spring Ball 9 th -12 th 3:30-5:15 Non-Padded	28 OFF	29
30	31 MEMORIAL DAY					

EVENTS

Capital Football Spring Ball is a chance to start building our 2021 teams and preparing for the BSU Team Camp in June. If you are thinking about playing football, you should attend these practices.